

**Tuesday, May 30, 2006**



I've spent the past couple of weeks in Fallbrook, California with Cathy Williams and her family. Cathy decided to let me type this journal entry due to space and time constraints. (My stay was extended a bit while we put my journal together.)

Fallbrook is a quaint little town located about 45 miles north of San Diego and is known as the avocado capital of the world. Fallbrook hosts an Avocado Festival every April. Thousands of people attend the street fair, which features three hundred vendors, live music, a farmers market, children's events, and lots of guacamole! Although I didn't make it in time for the festival, I was able to have my picture taken in front of the sign that greets visitors on the road into town. Mr. Avocado seems like a pretty groovy dude.



Cathy was hoping to bring me to the world famous San Diego Zoo, but she wasn't able to make that happen. Instead, she took me to the little known Williams Zoo—a zoo only open to VIPs (very important persons). The animals aren't in cages so it can be extremely dangerous. It was very exciting to be in such danger.

I saw a tiger,

a black panther,

and the rare wolf-lion.



I saw many other animals at the zoo, but they were a little shy and wouldn't take a picture with me.



Cathy's daughter, Lauren, took a picture of me with Cathy next to Fallbrook's totem bird. It was a windy day and I had trouble keeping my hat on. The Totem Bird is the first bronze sculpture in Fallbrook that was designed by a child. The artist was 9 years old when he created the papier-mâché totem bird that is depicted by the bronze sculpture. The inscription reads "Totem Bird. Depicting Children's Uninhibited Expression."

Lauren also took me to the college radio station KKSM 1320AM where she works. There I met her boyfriend and co-host Nick. Nick and Lauren gave me a tour of the radio station. I forgot to take a picture of Lauren and Nick, so Cathy gave me a photo of the dynamic duo for my journal.



Here's me behind the microphone at KKSM ready to go live on air. The headphones were a tad too big. What do you think?



Here I am sitting next to the soundboard. All those knobs and buttons you see are what you use to get yourself on the air. There are a lot of controls everywhere. So I decided not to touch the board and instead sat down and relaxed.



Here I am ready to play some music over the air.



Here I am with KKSM's resident intern. You know college students DO starve.



Then Lauren showed me a piece of equipment that I'm familiar with. Yes, the record player. I thought that everybody had gotten rid of these things eons ago, but not at KKSM. Here I am ready to play some KISS. Personally, I've found that I'm a Paul Stanley fan. Him or Ace Frehley. Plus, "Take Me" is an awesome song. I'm seriously considering becoming a member of the KKSM KISS ARMY!

This is KKSM's door. You can listen to their live broadcast from anywhere, as long as you have internet access that is. Check the schedule to see when "Randomly Random with Nick and Lauren" airs at [www.palomarcollegeradio.com](http://www.palomarcollegeradio.com).



An interesting thing about KKSM is their file cabinets. No, I'm not kidding here. On these file cabinets are years worth of bumper stickers for radio stations that have come and passed in San Diego. Also there are tons of band stickers too. Plus, I think it makes a really cool background.

I really enjoyed the college life but I did something that I really shouldn't have done. Yes, I dug out an old habit that I haven't partaken in, in well, a long time. I picked up a cigarette. Yes, I know it's horrible for my health but just being in the college atmosphere (cell phone in one hand, coffee in the other and cigarette in the mouth) I fell back into an old habit. But rest assured I didn't enjoy it all that much and I'm back to chewing bubblegum.



After smoking, I didn't feel so good. As a matter of fact, I may have gotten sick in KKSM studios but Lauren and Nick weren't going to let me go home yet. There was one more thing I had to do. Something I've never done before. Watch my first ever World Wrestling Entertainment Friday Night Smackdown.



So to Nick's house I went. I loved Smackdown. Rey Mysterio, a wrestler from Smackdown, is originally from San Diego and the show that week was also taped in San Diego, so naturally I became a Rey Mysterio fan. He's also the current WWE World Heavyweight Champion. But then out of nowhere, two wrestlers came barreling through Nick's room.

Hollywood Hulk Hogan and Chris Jericho came over because they heard I was in San Diego and since they're close and personal friends of Nick they wanted to show me some wrestling moves. Hogan has Jericho down for the count here. Do I look fat in this picture?



But Jericho gets the upper hand and does a moonsault. Taking Hogan down for the count. All in all, I was very impressed.



Last night was my last night here with the Williams' but I'm not leaving on a somber note.

Cathy's Crissy Doll Family threw me a farewell party. I had a bunch of fun, maybe a little too much fun.

Unfortunately there was a party crasher.

The one and only Shirley Temple showed up.

I was so surprised to see her because I was under the impression that she was still in rehab. Apparently the rehab didn't go so well and Shirley showed up with her friends, Jack Daniels and Captain Morgan.



She offered me some and I being polite decided to take a taste of Jack Daniels. I mean it's been awhile since I've had alcohol so I felt as though I could handle it.



But at the end of the night I came to the conclusion that I liked Jack a little too much. Ok, maybe a LOT too much.

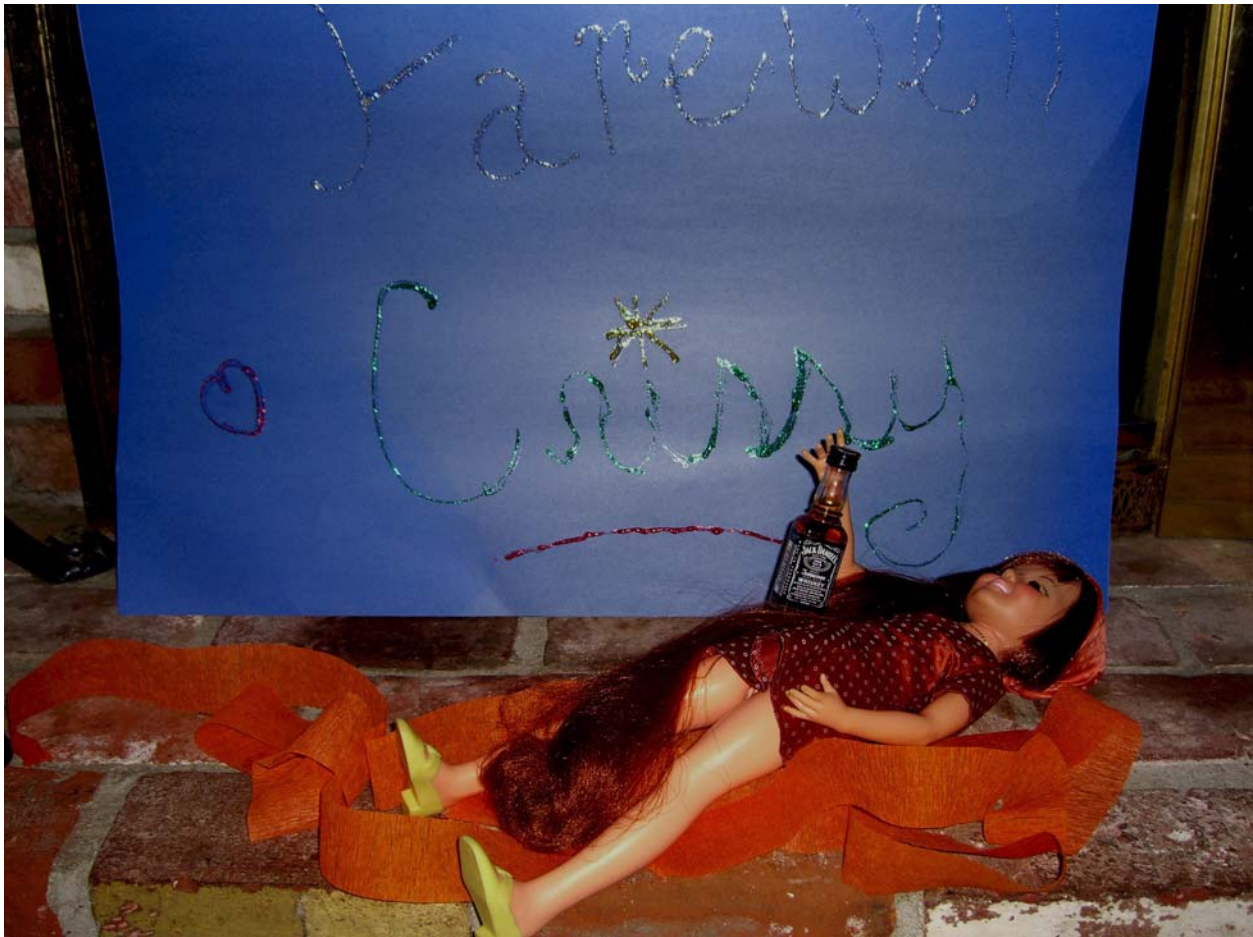


A hangover the size of the Grand Canyon greeted me this morning, but I had so much fun last night. I will always remember it, well at least I'll remember the parts I remember.

Now it's time for me to say goodbye to the Williams family and Fallbrook. I've had a lot of fun here, as you can tell by the photographs, but there's no time to stop. Now, I'm off on my way to visit Sory in sunny Florida. Maybe I should buy a new bikini before I get there. What do you think?

**Love&Hugs XOXO**

**Crissy ♥**



P.S. This isn't a picture of me at my best, but I wanted everyone to see the cool farewell poster Lauren created for my party. Thank you, Lauren!